

Xterra Full 8,8- 25- 4,1 (38km)

Pl.	m/w	AK	Nr.	Teilnehmer	Team / Verein	Jahrg.	Altersklasse	Lauf 1	WZ 1	Rad	WZ 2	Lauf 2	Zeit
1	1	1	001	Frohn, Mathias	TuS Schleiden 1908 / Team DerGrünePunkt		1985 AK 35m	00:37:50.5	00:00:41.7	01:09:42.9	00:00:35.4	00:18:13.9	02:07:04.6
2	2	1	002	Hoffmann, Jonas	1. Trifinish Münster / Racextract Racing Team		1996 AK 25m	00:33:33.0	00:00:42.2	01:15:22.0	00:00:41.7	00:17:19.4	02:07:38.4
3	3	1	005	Böhl, Timo	TV Einigkeit 1900 Netphen		1988 AK 30m	00:34:37.3	00:00:48.2	01:20:40.8	00:00:38.7	00:32:23.5	02:12:04.8
4	4	2	007	Kuefner, Sebastian	Triathlon Gera		1987 AK 30m	00:37:26.6	00:01:00.8	01:16:02.7	00:01:09.3	00:33:37.3	02:13:28.9
5	5	2	221	Gijssen, Tibor	SV Wuerzburg 05		1986 AK 35m	00:39:08.2	00:00:44.7	01:18:50.9	00:00:40.7	00:30:04.9	02:16:08.6
6	6	1	019	Spahn, Hannes	RV 1889 Schweinfurt		1997 AK 20m	00:36:28.7	00:00:47.2	01:20:07.7	00:00:58.2	00:31:05.5	02:16:40.4
7	7	2	009	Wagner, Felix	TV Burglengelfeld		2000 AK 20m	00:38:26.8	00:00:43.7	01:19:28.8	00:00:41.9	00:30:11.9	02:17:17.3
8	8	2	006	Schaller, Michael	TV Burglengelfeld		1996 AK 25m	00:37:01.7	00:00:40.1	01:23:27.2	00:00:31.8	00:27:55.1	02:17:57.1
9	9	3	032	Reinstein, Martin	TV Burglengelfeld		1987 AK 30m	00:39:35.0	00:00:43.8	01:19:21.6	00:00:40.4	00:29:16.0	02:18:31.0
10	10	3	015	Bolbat, Marcel	Tri Michels Hamburg		2001 AK 20m	00:36:12.4	00:00:42.2	01:23:38.5	00:00:41.2	00:28:24.3	02:19:07.8
11	11	1	011	Fuchs, Michael	TV Burglengelfeld		2003 AK 18-19m	00:39:32.1	00:00:44.7	01:20:56.7	00:00:41.7	00:27:46.2	02:20:08.7
12	12	3	021	Mester, Jonas	Kölnener Triathlon-Team 01		1996 AK 25m	00:40:49.7	00:00:46.6	01:21:52.4	00:00:37.3	00:25:36.5	02:24:15.6
13	13	2	013	Kube, Linus	Schwelmer SC 1895		2002 AK 18-19m	00:41:24.6	00:00:52.0	01:22:20.3	00:01:01.5	00:24:37.9	02:25:25.6
14	14	4	025	Victor, Michael	Triathlon Wetterau / Racextract Racing Team		1992 AK 25m	00:38:25.7	00:00:54.5	01:25:51.3	00:00:49.3	00:24:17.4	02:26:09.4
15	15	1	061	Jasch, Alexander	Triathlon Team Düsseldorf		1971 AK 50m	00:41:49.0	00:01:04.6	01:22:38.6	00:01:03.4	00:23:46.0	02:27:36.8
16	16	1	055	Bergmann, Christoph	TV Einigkeit 1900 Netphen		1973 AK 45m	00:39:24.7	00:00:47.4	01:49:48.6	00:00:39.0	00:18:28.5	02:29:03.3
17	1	1	200	Klein, Isabelle	Trilux		1983 AK 35w	00:42:46.9	00:01:18.8	01:45:34.5	00:00:47.6	00:19:17.0	02:29:45.0
18	17	2	050	Schröder, Andreas	RV Blitz Spich		1974 AK 45m	00:41:54.2	00:01:11.0	01:23:12.6	00:01:09.3	00:22:55.2	02:29:53.4
19	18	4	256	Crump, Florian	SV Oberkyll 1971 e.V		1990 AK 30m	00:42:14.0	00:01:06.5	01:46:24.8	00:00:52.4	00:19:34.9	02:30:25.7
20	19	1	077	Dani, Jörg	LV Limbach 2000		1966 AK 55m	00:42:25.2	00:01:01.0	01:46:12.4	00:00:52.1	00:20:05.3	02:30:26.1

Pl.	m/w	AK	Nr.	Teilnehmer	Team / Verein	Jahrg.	Altersklasse	Lauf 1	WZ 1	Rad	WZ 2	Lauf 2	Zeit
21	20	4	016	Lagier, Carlos	TuS Schleiden 1908 / Team DerGrünePunkt	2000	AK 20m	00:41:53.7	00:00:51.7	01:21:36.9	00:01:01.1	00:25:08.1	02:30:31.7
22	21	1	255	Demmler, Marcus	Viva con agua Osnabrück	1980	AK 40m	00:38:39.8	00:01:04.8	01:50:13.5	00:01:29.2	00:18:18.2	02:31:32.7
23	2	1	106	Noack, Josephine	Buxtehuder Sportverein	1995	AK 25w	00:43:03.9	00:00:49.1	01:46:06.5	00:00:43.3	00:20:00.1	02:31:58.2
24	22	5	029	Weber, Matthias	RSV Osthelden / team.werthebach.com	1989	AK 30m	00:39:38.0	00:01:14.5	01:49:31.3	00:01:02.4	00:18:06.2	02:32:46.5
25	23	2	044	Uhl, Tim-Oliver	LC Olympia Wiesbaden	1977	AK 40m	00:42:37.2	00:00:46.2	01:46:39.6	00:00:51.9	00:20:31.4	02:33:09.5
26	24	3	270	Sauer, Thomas	SV Grün-Weiss Einruhr	1983	AK 35m	00:42:38.7	00:01:12.8	01:46:33.8	00:00:50.2	00:19:44.7	02:34:23.4
27	25	3	043	Kirste, Vincent	SSG Bensheim Triathlon	1979	AK 40m	00:42:42.3	00:00:56.2	01:46:27.4	00:00:59.3	00:20:41.1	02:34:34.5
28	26	4	034	Zimmermann, Chris	Tri Club Wuppertal	1986	AK 35m	00:39:36.7	00:00:56.7	01:50:25.9	00:00:51.8	00:18:40.9	02:35:45.2
29	27	2	073	Heider, Thomas	1. WSC Poseidon Worms	1966	AK 55m	00:43:12.0	00:00:52.3	01:46:38.2	00:00:57.1	00:20:16.3	02:37:04.0
30	3	2	100	Ziemons, Kristina	DLC Aachen / Skikeller Kaulard & Schroiff	1984	AK 35w	00:41:37.2	00:00:41.4	01:48:36.4	00:00:43.1	00:19:58.1	02:37:34.3
31	28	4	214	Steffen, Manuel	Team Zoot Europe	1981	AK 40m	00:44:03.8	00:01:15.6	01:45:35.1	00:01:21.2	00:20:55.4	02:38:07.4
32	29	2	068	Hollmann, Christian	Weltraumjogger Berlin	1969	AK 50m	00:42:56.2	00:01:04.3	01:46:55.3	00:01:09.9	00:20:07.6	02:40:25.5
33	30	5	265	Denis, Lukas	Daun	1992	AK 25m	00:44:45.2	00:01:04.5	01:45:14.8	00:00:54.1	00:21:03.0	02:40:30.8
34	31	6	033	Gnich, Paul	TV Einigkeit 1900 Netphen	1987	AK 30m	00:44:57.5	00:00:54.0	01:45:23.4	00:00:41.8	00:20:45.3	02:41:27.2
35	32	3	076	Blum, Thomas	TV 1860 Immenstadt	1966	AK 55m	00:41:51.9	00:00:56.9	01:48:04.1	00:00:58.8	00:21:05.5	02:41:36.4
36	33	5	267	Kupig, André	MSV Essen Steele	1979	AK 40m	00:46:49.3	00:01:47.1	01:42:36.9	00:01:08.7	00:22:10.3	02:42:35.4
37	34	6	022	Scheld, Niklas	TuS Schleiden 1908 / Team DerGrünePunkt	1996	AK 25m	00:45:24.1	00:00:54.3	01:45:02.9	00:01:02.2	00:23:14.4	02:45:01.1
38	35	7	024	Zeller, Tobias	TV Burglengendorf	1993	AK 25m	00:43:27.7	00:00:47.4	01:47:13.9	00:00:50.3	00:21:40.7	02:45:17.2
39	4	1	101	Jüngst-Dauber, Birgit	VFL Marburg 1860 / dasSportwerk	1967	AK 50w	00:46:38.0	00:00:48.3	01:43:57.9	00:00:48.7	00:21:31.9	02:45:20.0
40	36	7	030	Sitta, Lukas	TuS Schleiden 1908 / Team DerGrünePunkt	1987	AK 30m	00:46:59.5	00:01:13.3	01:43:45.9	00:01:22.5	00:21:43.9	02:49:17.3
41	37	3	232	Reisinger, Henno	VFL Kommern	1976	AK 45m	00:43:17.2	00:00:50.1	01:47:42.8	00:00:31.2	00:21:57.9	02:49:39.3
42	38	6	045	Bäcker, Andreas	RSG Montabaur	1979	AK 40m	00:46:02.2	00:00:33.1	01:45:08.5	00:00:33.1	00:23:16.8	02:49:57.8
43	39	4	088	Viering, Frank	TuS Schleiden 1908 / Team DerGrünePunkt	1963	AK 55m	00:46:58.1	00:00:51.6	01:43:57.1	00:00:48.5	00:22:36.0	02:50:00.4

Pl.	m/w	AK	Nr.	Teilnehmer	Team / Verein	Jahrg.	Altersklasse	Lauf 1	WZ 1	Rad	WZ 2	Lauf 2	Zeit
44	40	5	226	Lukaschack, Tim	-Giesen	1999	AK 20m	00:45:53.0	00:01:15.8	01:44:25.8	00:00:51.5	00:22:10.7	02:50:19.1
45	41	3	063	Dobrinsky, Thomas	Luhdener SV	1970	AK 50m	00:46:20.3	00:00:57.2	01:44:42.2	00:00:58.6	00:20:53.8	02:50:35.2
46	42	4	058	Otto, Jürgen	SV TriCity Darmstadt	1972	AK 45m	00:43:38.5	00:01:07.8	01:46:59.1	00:01:16.0	00:22:22.7	02:50:53.3
47	5	3	206	Rummler, Britta	RSV Aachen	1982	AK 35w	00:46:55.5	00:01:11.7	01:43:18.9	00:00:58.6	00:22:05.9	02:51:43.8
48	43	5	056	Weigel, Karsten	TV Germania Buschhütten 1885 e.V.	1972	AK 45m	00:46:46.9	00:00:47.2	01:44:09.8	00:00:56.2	00:24:33.9	02:52:09.2
49	44	7	047	Minke, Sebastian	Krefelder Kanu Klub	1977	AK 40m	00:42:04.9	00:00:52.8	01:49:10.9	00:00:51.7	00:21:22.2	02:52:09.8
50	45	8	042	Peukert, Erik	SV Bergisch Gladbach	1980	AK 40m	00:45:25.1	00:00:49.7	01:45:46.7	00:00:39.9	00:20:35.9	02:52:39.6
51	46	9	251	Loben, Sebastian	-Schleiden/Dreiborn	1981	AK 40m	00:45:28.3	00:00:57.7	01:45:29.6	00:01:06.4	00:23:21.1	02:53:33.4
52	47	5	079	Sundermann, Andreas	Tri Team Hennef / rv Blitz spich	1965	AK 55m	00:45:20.4	00:01:00.7	01:44:13.2	00:01:17.0	00:22:24.8	02:54:16.3
53	48	10	041	Oellers, Valentin	Mach3 Köln e.V.	1981	AK 40m	00:46:50.2	00:00:56.1	01:44:35.7	00:00:43.0	00:22:13.9	02:55:19.0
54	49	6	085	Kuefner, Ronald	Triathlon Gera	1963	AK 55m	00:49:29.0	00:01:33.0	01:41:15.9	00:01:29.9	00:22:10.7	02:55:58.7
55	50	7	084	Becker, Sigg	Nonplusultra Esslingen	1962	AK 55m	00:49:35.3	00:01:12.9	01:41:36.9	00:00:57.1	00:22:46.4	02:56:08.6
56	51	8	237	Zeder, Thorsten	-Steinfurt	1989	AK 30m	00:45:19.0	00:01:15.8	01:44:54.3	00:01:06.9	00:23:47.3	02:56:23.5
57	52	5	263	Listner, Manuel	-Ruppichteroth	1982	AK 35m	00:48:00.1	00:01:01.1	01:44:19.3	00:01:44.2	00:21:43.2	02:56:48.1
58	53	8	235	Jönck, Henning	-Mülheim-Kärlich	1993	AK 25m	00:49:09.7	00:01:06.8	01:41:59.7	00:00:50.6	00:23:47.4	02:56:54.4
59	6	1	102	Roidl, Emma	TV Burglengenfeld	1998	AK 20w	00:49:24.0	00:00:40.1	01:41:56.0	00:00:45.0	00:24:13.5	02:56:58.8
60	54	6	037	Bungard, Markus	SC Blau Weiß Schalkenmehren	1985	AK 35m	00:49:53.9	00:01:04.1	01:41:07.5	00:00:54.5	00:24:21.5	02:57:21.7
61	55	4	067	Jeschina, Lorant	Schwelmer SC 1895 / Toma Cycles NL	1969	AK 50m	00:48:46.8	00:01:13.2	01:42:24.9	00:02:03.2	00:24:35.3	02:59:03.5
62	56	9	028	Kellner, Sascha	TV Burglengenfeld	1990	AK 30m	00:46:44.3	00:00:58.9	01:44:23.6	00:01:17.1	00:27:38.9	03:01:03.0
63	57	9	224	Schulz, Maximilian	LG Veitenstein	1992	AK 25m	00:49:04.5	00:01:07.9	01:47:24.4	00:00:50.7	00:23:00.8	03:01:28.4
64	58	8	078	Wirtz, Mike	AS Neukirchen-Vluyn	1965	AK 55m	00:44:12.4	00:02:15.1	01:51:51.4	00:01:17.2	00:22:01.5	03:01:37.7
65	59	7	253	Dederichs, Georg	RSV Kall	1984	AK 35m	00:50:29.4	00:02:28.6	01:41:10.1	00:02:03.5	00:25:40.3	03:01:52.0
66	7	1	115	Mittermeier, Pamela	TV Burglengenfeld	1978	AK 40w	00:51:25.3	00:00:49.8	01:43:13.0	00:01:00.8	00:25:38.6	03:02:07.6
67	60	6	248	Waldstädt, Tim	X-Runners Jena e.V.	1998	AK 20m	00:41:08.9	00:00:31.8	01:55:05.8	00:00:39.5	00:24:55.2	03:02:21.2
68	61	1	211	Billig, Rainer	Triathlon Team Eupen	1961	AK 60m	00:51:05.8	00:01:12.1	01:44:49.2	00:01:05.3	00:25:22.8	03:03:35.4
69	62	6	257	Wollweber, Andreas	SV Hellas	1974	AK 45m	00:48:55.8	00:01:25.4	01:47:04.5	00:01:23.6	00:25:03.9	03:03:53.4
70	63	5	258	Conradi, Oliver	Düsseldorf	1971	AK 50m	00:45:05.0	00:01:11.3	01:51:55.6	00:01:32.2	00:25:54.3	03:05:38.6
71	64	7	020	Scory, Florian	TuS Schleiden 1908 / Team DerGrünePunkt	1997	AK 20m	00:48:51.3	00:00:46.7	01:48:25.0	00:00:49.0	00:27:21.4	03:06:13.6

Pl.	m/w	AK	Nr.	Teilnehmer	Team / Verein	Jahrg.	Altersklasse	Lauf 1	WZ 1	Rad	WZ 2	Lauf 2	Zeit
72	65	6	239	Wieschollek, Michael	Opa Michel	1971	AK 50m	01:02:25.9	00:02:31.5	01:28:18.3	00:03:15.7	00:39:08.4	03:06:28.8
73	66	11	264	Listner, Florian	-Much	1978	AK 40m	00:47:48.9	00:01:22.2	01:52:31.8	00:01:38.5	00:23:18.5	03:06:40.1
74	67	7	261	Belting, Jürgen	Hamminkelter SV	1974	AK 45m	00:50:23.4	00:01:36.7	01:47:54.0	00:01:28.2	00:26:26.2	03:07:48.8
75	68	7	066	Junick, Michael	Pulheimer SC	1970	AK 50m	00:47:13.4	00:01:16.3	01:54:48.4	00:01:24.9	00:23:06.8	03:07:49.9
76	8	1	202	Bungard, Carina	Asics Fronrunner	1988	AK 30w	00:44:24.2	00:00:39.9	02:01:11.5	00:00:42.6	00:21:45.4	03:08:43.8
77	69	8	060	Severin, Sascha	LT Starlight Team Essen	1971	AK 50m	00:46:09.4	00:01:09.6	01:52:41.0	00:01:35.8	00:27:35.3	03:09:11.2
78	70	12	216	Wirsching, Manuel	Triathlon Team Düsseldorf	1981	AK 40m	00:51:40.5	00:01:15.6	01:50:21.6	00:01:12.8	00:25:48.9	03:10:19.6
79	71	13	046	Peters, Stefan	SV Blau-Weiß Schalkenmehren	1977	AK 40m	00:49:19.6	00:01:29.5	01:50:57.6	00:01:23.1	00:27:57.7	03:11:07.7
80	72	8	207	Kodjayan, Patrick	Team Erdinger Alkoholfrei	1974	AK 45m	00:48:47.3	00:00:57.0	01:58:44.2	00:00:47.6	00:22:52.1	03:12:08.4
81	73	10	218	Scheeren, Matthias	Triathlon Team Düsseldorf	1989	AK 30m	00:49:35.7	00:01:08.5	01:56:02.0	00:01:16.0	00:25:13.9	03:13:16.3
82	74	9	227	Decker, Hans-Joachim	Tri Club Wuppertal	1964	AK 55m	00:53:18.0	00:01:02.1	01:54:14.1	00:00:41.1	00:25:33.5	03:14:49.1
83	9	2	103	Vogel, Milena	TuS Schleiden 1908 / Team DerGrünePunkt	2000	AK 20w	00:48:53.2	00:00:52.5	02:00:41.1	00:01:10.9	00:23:41.7	03:15:19.7
84	10	4	112	Richters, Dorothee	ALV Mainz	1984	AK 35w	00:52:34.6	00:00:54.3	01:56:07.6	00:01:01.0	00:25:29.3	03:16:06.9
85	75	10	075	Doil, Carsten	TS 1897 Bergisch Gladbach	1966	AK 55m	00:51:39.3	00:01:15.7	01:56:03.3	00:01:41.5	00:25:57.2	03:16:37.4
86	76	8	245	Gitzen, Christian	TriTeam Eifelgold	1983	AK 35m	00:50:15.2	00:01:01.5	01:57:39.7	00:01:18.3	00:26:46.3	03:17:01.1
87	11	1	129	Majewski, Petra	ESV Eintracht Hameln	1959	AK 60w	00:52:37.8	00:01:54.1	01:56:08.5	00:01:47.2	00:25:09.5	03:17:37.2
88	77	9	059	Funk, Marc-Alexander	ASC Dillenburg	1972	AK 45m	00:49:34.1	00:01:57.9	02:02:33.6	00:01:44.3	00:25:05.7	03:20:55.8
89	12	2	119	Anderson, Britta	ESV Eintracht Hameln	1968	AK 50w	00:51:27.8	00:01:30.6	02:01:53.7	00:01:47.8	00:25:42.6	03:22:22.7
90	78	9	036	Eckelt, Martin	M.Gladbacher TV 1848 e.V.	1985	AK 35m	00:49:28.8	00:01:31.8	02:06:09.5	00:01:35.6	00:25:58.2	03:24:44.1
91	79	10	223	Barbera, Pino	Team Erdinger Alkoholfrei	1975	AK 45m	00:49:33.1	00:00:40.6	02:02:44.8	00:00:57.5	00:32:18.2	03:26:14.4
92	80	9	272	Stieffenhofer, Peter	S.V. Bergisch Gladbach 1920/71	1969	AK 50m	00:57:36.1	00:03:33.1	01:55:24.8	00:02:51.7	00:27:44.4	03:27:10.3
93	13	1	117	Lippelt, Christine	ESV Eintracht Hameln	1974	AK 45w	00:51:19.9	00:01:58.2	02:06:24.3	00:01:47.4	00:25:52.0	03:27:22.0
94	81	10	236	Schulzek, Daniel	-Düsseldorf	1982	AK 35m	00:50:23.8	00:01:04.8	02:04:36.8	00:01:00.7	00:33:03.5	03:30:09.9
95	14	2	127	Dr. Boczek, Angela	Tus Rotenburg	1961	AK 60w	00:59:03.5	00:00:38.9	02:02:11.9	00:00:38.0	00:29:02.4	03:31:34.9

Pl.	m/w	AK	Nr.	Teilnehmer	Team / Verein	Jahrg.	Altersklasse	Lauf 1	WZ 1	Rad	WZ 2	Lauf 2	Zeit
96	15	1	125	Hock, Stefanie	ASC Darmstadt	1963	AK 55w	00:53:04.9	00:02:09.5	02:09:57.7	00:01:38.7	00:24:59.8	03:31:50.8
97	16	2	124	Heisterkamp, Maria	TSV 1888 Dieringhausen	1966	AK 55w	00:58:43.7	00:01:10.5	02:01:03.2	00:01:01.3	00:30:20.0	03:32:18.9
98	17	2	118	Schmidt, Silke	Allround Gesundheitssport N	1975	AK 45w	00:53:35.5	00:01:16.6	02:06:37.2	00:01:24.7	00:29:56.9	03:32:51.1
99	82	11	252	Gaida, Norbert	SV Gladbeck 13 e.V. Team Zoot	1972	AK 45m	00:51:55.6	00:00:51.0	02:08:42.8	00:01:22.3	00:29:59.5	03:32:51.4
100	83	14	268	Kingwell, Thomas	-Alzenau	1978	AK 40m	00:50:25.8	00:04:28.1	02:06:40.2	00:03:27.1	00:29:18.0	03:34:19.4
101	84	15	247	Wolter, Joerg	PSV Brühl Triathlon Team	1980	AK 40m	00:53:56.3	00:02:07.6	02:04:26.0	00:02:12.0	00:31:46.1	03:34:28.1
102	85	11	072	Kowalewski, Robert	Hildener AT Triathlon	1966	AK 55m	00:57:26.9	00:01:22.8	02:05:09.0	00:01:39.0	00:29:19.8	03:34:57.8
103	86	2	089	Hehn, Thomas	SSF Bonn Triathlon	1961	AK 60m	01:05:31.6	00:01:18.9	02:01:31.0	00:01:19.1	00:25:53.9	03:35:34.6
104	87	8	246	Schroer, Tim	Hamminkeiner SV	1998	AK 20m	00:49:26.0	00:01:36.9	02:11:05.0	00:02:21.5	00:31:42.3	03:36:11.8
105	88	3	092	Richter, Hans	Leichtathletik Club Nordhorn	1958	AK 60m	00:52:17.2	00:00:56.6	02:11:42.7	00:01:07.8	00:30:22.2	03:36:26.7
106	89	10	230	Kupke, Volker	-Willich	1967	AK 50m	00:52:19.2	00:02:12.4	02:09:49.5	00:02:03.0	00:31:16.1	03:37:40.4
107	90	11	242	Diederichs, Erik	SC Schalkenmehren	1991	AK 30m	00:54:58.5	00:04:03.7	02:02:08.1	00:04:08.3	00:37:22.6	03:42:41.4
108	91	11	229	Von Garrel, Detlef	Marl	1967	AK 50m	00:58:07.9	00:02:06.0	02:10:23.4	00:01:39.9	00:30:43.6	03:43:00.9
109	92	12	070	Murken, Ralf	TG Rüsselsheim	1968	AK 50m	00:54:25.0	00:01:02.3	02:21:18.4	00:00:49.0	00:27:48.8	03:45:23.8
110	93	12	087	Walther, Jörg	Tri-Power Rhein-Sieg	1962	AK 55m	00:53:34.6	00:01:24.6	02:20:21.1	00:01:47.4	00:29:01.8	03:46:09.8
111	94	13	228	Kullik, Oliver	TUS09 Erkenschwick	1971	AK 50m	01:01:33.9	00:00:57.0	02:14:40.5	00:00:47.1	00:29:13.1	03:47:11.8
112	18	2	203	Freischlag, Regina	-Gladbeck	1977	AK 40w	00:58:44.3	00:01:17.1	02:17:06.9	00:01:44.8	00:29:00.0	03:47:53.4
113	95	12	254	Scherz, Hendrik	SV Gladbeck 13	1991	AK 30m	00:59:21.4	00:00:53.4	02:18:18.3	00:00:41.2	00:30:03.6	03:49:18.1
114	19	3	122	Dani, Ines	Schwimmsport- und Tauchsportverein Limbach- Oberfr	1967	AK 50w	00:59:57.0	00:01:59.4	02:15:17.1	00:01:33.9	00:30:39.9	03:49:27.4
115	96	10	250	Schade, Jonathan	-Nettetal	1995	AK 25m	00:56:52.6	00:00:54.0	02:22:28.6	00:00:45.6	00:29:50.2	03:50:51.2
116	20	4	204	Utta, Kornelia		1968	AK 50w	01:01:57.0	00:02:04.0	02:12:13.7	00:02:43.8	00:33:11.1	03:52:09.8
0	0	0	027	Krause, Sven	Viermärker Waldlauf Gemeinschaft	1991	AK 30m	00:00:00.0	00:00:00.0	00:00:00.0	00:00:00.0	00:00:00.0	DNF
0	0	0	083	Wiser, Jens	Tria Jena	1964	AK 55m	00:00:00.0	00:00:00.0	00:00:00.0	00:00:00.0	00:00:00.0	DNF
0	0	0	108	Truppat, Nadine	Marathon-Club Menden	1989	AK 30w	00:00:00.0	00:00:00.0	00:00:00.0	00:00:00.0	00:00:00.0	DNF
0	0	0	010	Roth, Jens	Tri Post Trier	1988	AK 30m	00:36:28.2	00:00:39.5	00:00:00.0	00:00:00.0	00:00:00.0	DNF

Pl.	m/w	AK	Nr.	Teilnehmer	Team / Verein	Jahrg.	Altersklasse	Lauf 1	WZ 1	Rad	WZ 2	Lauf 2	Zeit
0	0	0	004	Scheiderbauer, Jörg	Powersports Offenburg / racextract racing Team		1977 AK 40m	00:37:41.5	00:00:43.1	01:16:31.6	00:00:49.3	00:00:00.0	DNF
0	0	0	026	Simon, David	RSC Untermosel		1991 AK 30m	00:37:54.1	00:00:44.1	01:16:31.1	00:00:45.2	00:00:00.0	DNF
0	0	0	003	Blatt, Robin	Neckarsulmer Sportunion / Racextract Racing Team		1993 AK 25m	00:40:49.4	00:00:56.9	01:13:21.2	00:00:45.1	00:00:00.0	DNF
0	0	0	014	Groth, Junias	Triathlon Dänischer Wohld		2002 AK 18-19m	00:41:21.7	00:01:17.0	00:00:00.0	00:00:00.0	00:00:00.0	DNF
0	0	0	259	Hemkes, Lucas	-Siegburg		1992 AK 25m	00:41:55.8	00:00:39.7	00:00:00.0	00:00:00.0	00:00:00.0	DNF
0	0	0	012	Mathias, Magnus	SSV Germania Wehrden		2002 AK 18-19m	00:42:49.0	00:01:21.0	00:00:00.0	00:00:00.0	00:00:00.0	DNF
0	0	0	040	Filchner, Philipp	TV Burglengelfeld		1983 AK 35m	00:43:15.7	00:00:49.0	00:00:00.0	00:00:00.0	00:00:00.0	DNF
0	0	0	208	Smyk, Martin	Team Erdinger Alkoholfrei		1981 AK 40m	00:44:59.3	00:01:37.9	00:00:00.0	00:00:00.0	00:00:00.0	DNF
0	0	0	057	Weber, Marko	Triathlonverein Barchfeld		1972 AK 45m	00:45:15.9	00:01:22.8	00:00:00.0	00:00:00.0	00:00:00.0	DNF
0	0	0	113	Rudl, Alexandra	Nonplusultra Esslingen		1982 AK 35w	00:46:05.3	00:01:18.3	00:00:00.0	00:00:00.0	00:00:00.0	DNF
0	0	0	069	Grabellus, Florian	Turnverein Kupferdreh 1877		1969 AK 50m	00:48:18.6	00:01:33.8	00:00:00.0	00:00:00.0	00:00:00.0	DNF
0	0	0	243	Tetzlaff, Ralph	CSN Clervaux		1962 AK 55m	00:49:36.7	00:01:06.5	00:59:37.6	00:00:00.0	00:00:00.0	DNF
0	0	0	051	Schön, Dirk	ALV Mainz		1974 AK 45m	00:52:09.6	00:01:05.5	00:00:00.0	00:00:00.0	00:00:00.0	DNF
0	0	0	123	Wolf, Michaela	Team-naunheim.de		1964 AK 55w	00:52:56.4	00:01:10.5	00:00:00.0	00:00:00.0	00:00:00.0	DNF
0	0	0	039	Krick, Tobias	ALV Mainz		1983 AK 35m	00:57:28.5	00:00:00.0	00:00:00.0	00:00:00.0	00:00:00.0	DNF
0	0	0	111	Kern, Inga-Simone	ASC Dillenburg		1983 AK 35w	00:59:04.2	00:01:14.7	00:00:00.0	00:00:00.0	00:00:00.0	DNF
0	0	0	271	Spanjaart, Michiel	-Rotterdam		1971 AK 50m	00:59:30.6	00:00:50.7	00:00:00.0	00:00:00.0	00:00:00.0	DNF