

# **30. Fürstenwalder Cross-Duathlon**

## Rauen - 21.05.2022

### Übersicht der Auswertung - U23, Elite, Senioren - 6-18-3 km

Platz	Plw	Plm	StNr.	Name, Vorname	Bundesland / Verein	Geb. AK	Lauf 1	Rad	Lauf+Rad	Lauf 2	Endzeit	Rückst.
1		1	86	Graupe, Sven	BB / Run and Bike Bernau	1973mAK45 (1)	00:24:54 (1)	00:46:34 (2)	01:11:29 (1)	00:11:47 (1)	01:23:16	00:00:00
2		2	71	Musiol, Daniel	BE / Berlin	1983mAK35 (1)	00:24:56 (2)	00:49:02 (3)	01:13:59 (3)	00:13:03 (3)	01:27:02	00:03:46
3		3	53	Daßler, Ingmar	BB / TSV Cottbus	1985mAK35 (2)	00:26:59 (3)	00:46:21 (1)	01:13:21 (2)	00:14:01 (8)	01:27:23	00:04:06
4		4	52	Uhlhof, Bernd	BE / Berlin	1978mAK40 (1)	00:27:24 (5)	00:49:50 (5)	01:17:14 (4)	00:14:03 (9)	01:31:17	00:08:01
5		5	51	Groß, Till	BB / TSV-Cottbus	2001mAK20 (1)	00:27:16 (4)	00:50:04 (6)	01:17:20 (5)	00:14:29 (10)	01:31:50	00:08:34
6		6	60	Reinwald, Jens	BB / TV Fürstenwalde 1990 e.V.	1972mAK50 (1)	00:29:14 (10)	00:49:35 (4)	01:18:50 (6)	00:13:42 (7)	01:32:32	00:09:16
7	1		64	Unterberger, Birgit	BB / Zeppelin-Team OSC Potsdam	1976wAK45 (1)	00:28:19 (7)	00:51:12 (7)	01:19:31 (7)	00:13:17 (5)	01:32:48	00:09:32
8		7	54	Manthey, Frank	BB / Teamwork-Berlin.e.v	1959mAK60 (1)	00:27:38 (6)	00:53:03 (9)	01:20:41 (8)	00:13:03 (4)	01:33:45	00:10:29
9		8	62	Hell, Andreas	BB / MSV TRIPOINT Ffo.	1971mAK50 (2)	00:29:23 (12)	00:55:01 (12)	01:24:25 (12)	00:13:03 (2)	01:37:28	00:14:12
10		9	57	Haby, Dirk Markus	BB / TV Fürstenwalde 1990 e.V.	1970mAK50 (3)	00:29:20 (11)	00:54:58 (11)	01:24:18 (11)	00:13:21 (6)	01:37:40	00:14:23
11		10	61	Landgraf, René	BE / TuS Neukölln Berlin	1963mAK55 (1)	00:29:07 (9)	00:53:48 (10)	01:22:55 (10)	00:14:46 (12)	01:37:41	00:14:25
12		11	70	Altenkirch, Volker	BB / DLRG Luckenwalde	1967mAK55 (2)	00:30:24 (14)	00:52:28 (8)	01:22:53 (9)	00:16:09 (15)	01:39:02	00:15:46
13		12	68	Strube, Sven	NI / MTV Salzgitter	1972mAK50 (4)	00:31:03 (16)	00:56:03 (15)	01:27:06 (14)	00:15:07 (13)	01:42:14	00:18:58
14		13	58	Urban, Constantin	BB / Hohen Neuendorf	1973mAK45 (2)	00:30:54 (15)	00:55:22 (13)	01:26:17 (13)	00:16:43 (17)	01:43:00	00:19:44
15		14	65	Hertrampf, Maximilian	BB / Triathlon Spreewald e. V.	1989mAK30 (1)	00:28:20 (8)	01:01:29 (19)	01:29:50 (16)	00:14:33 (11)	01:44:23	00:21:07
16		15	89	Gottschall, Stefan	BB / BRB-Race	1973mAK45 (3)	00:32:14 (17)	00:56:32 (16)	01:28:47 (15)	00:16:14 (16)	01:45:02	00:21:45
17		16	75	Nestler, Thomas	BB / RadTeamSeidel e. V.	1975mAK45 (4)	00:35:04 (23)	00:55:53 (14)	01:30:57 (17)	00:17:02 (19)	01:48:00	00:24:44
18		17	88	Krebs, Peter	BE / a3k berlin	1967mAK55 (3)	00:33:29 (19)	00:58:46 (17)	01:32:15 (18)	00:18:00 (27)	01:50:16	00:27:00
19		18	63	Julien Kurtz, Julien	BE / Berlin	1983mAK35 (3)	00:32:44 (18)	01:00:34 (18)	01:33:18 (19)	00:17:40 (24)	01:50:59	00:27:43
20		19	72	Toledo, Leonardo	BB / Fürstenwalde/Spree	1983mAK35 (4)	00:35:09 (24)	01:01:58 (20)	01:37:07 (20)	00:16:57 (18)	01:54:05	00:30:48
21		20	73	Stegemann, Bert	BE / Dauerbrenner Berlin	1968mAK50 (5)	00:35:42 (27)	01:02:41 (21)	01:38:24 (21)	00:17:24 (22)	01:55:48	00:32:32
22		21	77	Krause, Torben	BB / DLRG Luckenwalde	1976mAK45 (5)	00:35:23 (26)	01:03:52 (22)	01:39:15 (22)	00:17:51 (25)	01:57:07	00:33:51
23		22	76	Bock, Daniel	BB / Bad Saarow	1989mAK30 (2)	00:34:50 (21)	01:05:19 (23)	01:40:10 (23)	00:17:37 (23)	01:57:47	00:34:30
24	2		59	Syp, Peggy	BB / TV Fürstenwalde 1990 e.V.	1975wAK45 (2)	00:34:33 (20)	01:07:56 (25)	01:42:30 (25)	00:15:39 (14)	01:58:10	00:34:53
25	3		90	Gade, Katja	BB / TV-Fürstenwalde 1990 e.V.	1976wAK45 (3)	00:35:59 (28)	01:05:40 (24)	01:41:40 (24)	00:17:14 (21)	01:58:54	00:35:38
26		23	69	Junghanns, Robert	BB / Fürstenwalde	1978mAK40 (2)	00:35:02 (22)	01:08:01 (26)	01:43:04 (26)	00:18:08 (28)	02:01:13	00:37:57
27		24	55	Engert, Reinhardt	BB / SV Stahl Hennigsdorf	1950mAK70 (1)	00:35:16 (25)	01:08:38 (27)	01:43:54 (27)	00:19:16 (29)	02:03:11	00:39:54
28		25	66	Noack, Jens	BB / Triathlon Spreewald e.V.	1968mAK50 (6)	00:36:09 (29)	01:11:05 (28)	01:47:14 (28)	00:17:10 (20)	02:04:24	00:41:08
29		26	56	Schirmer, Frank	BB / Triathlon Spreewald e.V.	1962mAK60 (2)	00:37:38 (31)	01:14:33 (29)	01:52:12 (29)	00:17:52 (26)	02:10:05	00:46:48
			79	Brandt, Marit	BB / Neptun 08 Finsterwalde	1976wAK45 ( )	00:30:16 (13)	( )	( )	( )	DNF	
			80	Sedlag - Loy, Wilfried	BE / Tib 1848	1950mAK70 ( )	00:37:36 (30)	( )	( )	( )	DNF	

# **30. Fürstenwalder Cross-Duathlon**

## Rauen - 21.05.2022

### Gesamtauswertung - LM Brb. U23, Elite, Senioren - 6-18-3 km

Platz	Plw	Plm	StNr.	Name, Vorname	Bundesland / Verein	Geb. AK	Lauf 1	Rad	Lauf+Rad	Lauf 2	Endzeit	Rückst.
1		1	53	Daßler, Ingmar	BB / TSV Cottbus	1985mAK35 (1)	00:26:59 (3)	00:46:21 (1)	01:13:21 (2)	00:14:01 (8)	01:27:23	00:00:00
2		2	51	Groß, Till	BB / TSV-Cottbus	2001mAK20 (1)	00:27:16 (4)	00:50:04 (6)	01:17:20 (5)	00:14:29 (10)	01:31:50	00:04:27
3		3	60	Reinwald, Jens	BB / TV Fürstenwalde 1990 e.V.	1972mAK50 (1)	00:29:14 (10)	00:49:35 (4)	01:18:50 (6)	00:13:42 (7)	01:32:32	00:05:09
4	1		64	Unterberger, Birgit	BB / Zeppelin-Team OSC Potsdam	1976wAK45 (1)	00:28:19 (7)	00:51:12 (7)	01:19:31 (7)	00:13:17 (5)	01:32:48	00:05:25
5		4	62	Hell, Andreas	BB / MSV TRIPOINT Ffo.	1971mAK50 (2)	00:29:23 (12)	00:55:01 (12)	01:24:25 (12)	00:13:03 (2)	01:37:28	00:10:05
6		5	57	Haby, Dirk Markus	BB / TV Fürstenwalde 1990 e.V.	1970mAK50 (3)	00:29:20 (11)	00:54:58 (11)	01:24:18 (11)	00:13:21 (6)	01:37:40	00:10:16
7		6	70	Altenkirch, Volker	BB / DLRG Luckenwalde	1967mAK55 (1)	00:30:24 (14)	00:52:28 (8)	01:22:53 (9)	00:16:09 (15)	01:39:02	00:11:39
8		7	65	Hertrampf, Maximilian	BB / Triathlon Spreewald e. V.	1989mAK30 (1)	00:28:20 (8)	01:01:29 (19)	01:29:50 (16)	00:14:33 (11)	01:44:23	00:17:00
9	2		59	Syp, Peggy	BB / TV Fürstenwalde 1990 e.V.	1975wAK45 (2)	00:34:33 (20)	01:07:56 (25)	01:42:30 (25)	00:15:39 (14)	01:58:10	00:30:46
10		8	55	Engert, Reinhardt	BB / SV Stahl Hennigsdorf	1950mAK70 (1)	00:35:16 (25)	01:08:38 (27)	01:43:54 (27)	00:19:16 (29)	02:03:11	00:35:48
11		9	66	Noack, Jens	BB / Triathlon Spreewald e.V.	1968mAK50 (4)	00:36:09 (29)	01:11:05 (28)	01:47:14 (28)	00:17:10 (20)	02:04:24	00:37:01
12		10	56	Schirmer, Frank	BB / Triathlon Spreewald e.V.	1962mAK60 (1)	00:37:38 (31)	01:14:33 (29)	01:52:12 (29)	00:17:52 (26)	02:10:05	00:42:42



# 30. Fürstenwalder Cross-Duathlon



Rauen - 21.05.2022

**Gesamtauswertung - LM BE U23, Elite, Senioren - 6-18-3 km**

Platz	Plw	Plm	StNr.	Name, Vorname	Bundesland / Verein	Geb. AK	Lauf 1	Rad	Lauf+Rad	Lauf 2	Endzeit	Rückst.
1	1	54		Manthey, Frank	BB / Teamwork-Berlin.ev	1959mAK60 (1)	00:27:38 (6)	00:53:03 (9)	01:20:41 (8)	00:13:03 (4)	01:33:45	00:00:00
2	2	61		Landgraf, René	BE / TuS Neukölln Berlin	1963mAK55 (1)	00:29:07 (9)	00:53:48 (10)	01:22:55 (10)	00:14:46 (12)	01:37:41	00:03:56
3	3	88		Krebs, Peter	BE / a3k berlin	1967mAK55 (2)	00:33:29 (19)	00:58:46 (17)	01:32:15 (18)	00:18:00 (27)	01:50:16	00:16:30