

Ergebnisliste vom: 06.05.2023 - Briesensee-Duathlon2023 - 19km - 84km - 5km

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Platz	Plm	Plw	StNr.	Name, Vorname	Verein	AK	AKm	AKw	Endzeit	1.Laufzeit	Radzeit	1.Lauf+Rad	2.Laufzeit	Rückst. ZS	WB
1	1		139	Frommhold, Jens		DM35	1		3:36:02	1:10:27(1)	2:04:35(2)	3:15:02(2)	0:21:00(2)	0:00:00	2
2	2		215	Daßler, Ingmar	TSV Cottbus	DM35	2		3:51:09	1:17:46(9)	2:09:52(3)	3:27:38(3)	0:23:31(10)	0:15:07	2
3	3		186	Schmeling, Steven	Lübben	DM35	3		3:52:48	1:12:49(5)	2:17:07(5)	3:29:56(4)	0:22:52(8)	0:16:46	2
4	4		208	Werner, Marc	LFV Oberholz	DM45	1		3:52:51	1:12:30(3)	2:20:46(10)	3:33:16(6)	0:19:35(1)	0:16:49	2
5	5		147	Jördening, Jendrik	A3K Berlin	DM30	1		3:54:28	1:18:49(10)	2:13:06(4)	3:31:55(5)	0:22:33(3)	0:18:26	2
6	6		152	Krug, Benjamin	Tria Echterdingen	DM30	2		4:05:46	1:24:35(21)	2:17:56(6)	3:42:31(7)	0:23:15(9)	0:29:44	2
7	7		136	Drese, Sven	BHC Racing Team	DM45	2		4:05:48	1:23:01(15)	2:20:14(8)	3:43:15(8)	0:22:33(3)	0:29:46	2
8	8		212	Glorius, Michael	LTV Obereichsfeld	DM35	4		4:06:05	1:22:54(14)	2:20:30(9)	3:43:24(9)	0:22:41(7)	0:30:03	2
9	9		214	Wüstefeld, Tim	TV Dresden	DM30	3		4:08:07	1:24:43(23)	2:18:44(7)	3:43:27(10)	0:24:40(17)	0:32:05	2
10	10		191	Schulz, Keke	Ahrensdorf	DM35	5		4:09:31	1:16:41(8)	2:30:12(23)	3:46:53(11)	0:22:38(6)	0:33:29	2
11	11		134	Dahmen, Christoph	LSV Tri Team Wolfenbüttel	DM35	6		4:10:02	1:20:23(12)	2:27:03(14)	3:47:26(13)	0:22:36(5)	0:34:00	2
12	12		121	Anwand, Tino	Traktor Albernau	DM40	1		4:11:39	1:11:16(2)	2:36:24(29)	3:47:40(14)	0:23:59(11)	0:35:37	2
13	13		151	Krätsch, Marco	TSV Cottbus	DM45	3		4:12:40	1:22:26(13)	2:24:41(11)	3:47:07(12)	0:25:33(27)	0:36:38	2
14	14		135	Dembowski, Holger	A3K Berlin	DM55	1		4:16:36	1:24:02(20)	2:27:47(17)	3:51:49(15)	0:24:47(20)	0:40:34	2
15	15		122	Augsten, Sascha	Berlin	DM45	4		4:17:22	1:27:51(33)	2:24:47(12)	3:52:38(16)	0:24:44(19)	0:41:20	2
16	16		210	Zentner, Steffen		DM45	5		4:18:01	1:24:50(24)	2:28:32(19)	3:53:22(19)	0:24:39(16)	0:41:59	2
17	17		154	Kuhn, Matthias	Dresden	DM55	2		4:18:45	1:26:48(30)	2:26:25(13)	3:53:13(18)	0:25:32(26)	0:42:43	2
18	18		182	Roth, Justin	Tri Team Berlin	DM35	7		4:19:58	1:16:35(7)	2:38:51(33)	3:55:26(20)	0:24:32(15)	0:43:56	2
19	19		123	Aulich, Frank	FC Hobelbank	DM45	6		4:21:58	1:25:07(25)	2:27:48(18)	3:52:55(17)	0:29:03(48)	0:45:56	2
20	20		167	Meissner, Stefan	TuS Neukölln Berlin	DM35	8		4:23:45	1:20:01(11)	2:39:15(34)	3:59:16(23)	0:24:29(14)	0:47:43	2
21	21		160	Lengefeld, Steffen	FC.ST.PAULI Triathlon	DM45	7		4:23:52	1:27:57(34)	2:29:48(21)	3:57:45(22)	0:26:07(30)	0:47:50	2
22		1	161	Leuendorff, Anja	A3K Berlin	DW45		1	4:24:03	1:28:13(35)	2:28:50(20)	3:57:03(21)	0:27:00(39)	0:48:01	2
23	22		146	Jansen, Helmut		DM50	1		4:26:58	1:26:45(29)	2:35:56(27)	4:02:41(25)	0:24:17(13)	0:50:56	2
24	23		131	Brandt, Matthias	Neptun 08 Finsterwalde	DM45	8		4:27:53	1:29:57(39)	2:32:26(25)	4:02:23(24)	0:25:30(25)	0:51:51	2
25	24		155	Kulke, Christian	Sisu Berlin	DM35	9		4:30:04	1:26:35(27)	2:38:23(32)	4:04:58(27)	0:25:06(21)	0:54:02	2
26	25		165	Loewe, Stephan	Ruppiner Triathlon Verein	DM45	9		4:30:23	1:23:43(17)	2:41:58(37)	4:05:41(29)	0:24:42(18)	0:54:21	2
27	26		178	Rex, Marko	TSV Cottbus	DM45	10		4:30:47	1:36:32(51)	2:27:36(16)	4:04:08(26)	0:26:39(35)	0:54:45	2
28	27		202	Thürmer, Steffen	Dreizack Spandau	DM40	2		4:31:44	1:23:48(18)	2:41:33(36)	4:05:21(28)	0:26:23(32)	0:55:42	2
29	28		187	Schmidt, Karsten	Traktor Albernau - Fahrrad Grille	DM40	3		4:32:02	1:23:27(16)	2:43:19(40)	4:06:46(30)	0:25:16(22)	0:56:00	2
30	29		129	Böwe, Denny	Bernauer Lauffreunde	DM40	4		4:33:41	1:30:31(41)	2:37:46(31)	4:08:17(32)	0:25:24(24)	0:57:39	2
31	30		163	Lips, Klaus	Berlin	DM60	1		4:34:36	1:26:10(26)	2:43:04(39)	4:09:14(34)	0:25:22(23)	0:58:34	2
32	31		213	Hentschel, Marc		DM35	10		4:34:52	1:41:00(60)	2:27:23(15)	4:08:23(33)	0:26:29(33)	0:58:50	2
33	32		180	Richter, Sören	Chemnitz	DM40	5		4:36:57	1:26:54(31)	2:45:59(45)	4:12:53(36)	0:24:04(12)	1:00:55	2
34	33		199	Sturzbecher-Höhne, Manuel	Erdinger Active Team	DM40	6		4:38:00	1:36:10(49)	2:31:24(24)	4:07:34(31)	0:30:26(53)	1:01:58	2
35	34		198	Stevens, Stijn	Köpenick	DM40	7		4:39:34	1:27:25(32)	2:45:16(44)	4:12:41(35)	0:26:53(38)	1:03:32	2

36	35	200	Theimann, Niclas	TVB 09	DM30	4	4:39:46	1:36:44(52)	2:36:14(28)	4:12:58(37)	0:26:48(37)	1:03:44	2
37	36	126	Berger, Falk	LFV Oberholz	DM40	8	4:40:21	1:28:51(36)	2:44:44(43)	4:13:35(38)	0:26:46(36)	1:04:19	2
38	37	171	Pfaffenbach, Daniel	Tri-Finisher Berlin	DM45	11	4:41:01	1:41:01(61)	2:34:17(26)	4:15:18(43)	0:25:43(28)	1:04:59	2
39	38	177	Reichel, Michael	RSV 54 Venusberg	DM40	9	4:41:46	1:43:33(62)	2:30:03(22)	4:13:36(39)	0:28:10(45)	1:05:44	2
40	39	159	Lebelt, Stefan	RSL TriT3am	DM40	10	4:42:25	1:30:32(42)	2:43:57(41)	4:14:29(41)	0:27:56(42)	1:06:23	2
41	40	192	Schütt, Torsten	Potsdam	DM40	11	4:43:03	1:33:10(45)	2:41:03(35)	4:14:13(40)	0:28:50(47)	1:07:01	2
42	41	193	Seiffarth, Sebastian	A3K Berlin	DM45	12	4:45:11	1:37:33(54)	2:37:37(30)	4:15:10(42)	0:30:01(51)	1:09:09	2
43	42	133	Bretschneider, Marco		DM35	11	4:47:07	1:26:38(28)	2:54:42(55)	4:21:20(44)	0:25:47(29)	1:11:05	2
44	43	205	Gündüz, Orhan	Berliner Wasserratten	DM50	2	4:49:17	1:33:09(44)	2:48:50(49)	4:21:59(47)	0:27:18(40)	1:13:15	2
45	2	148	Kaiser, Janine	Triathlöwen Bremen	DW40	1	4:49:19	1:34:43(46)	2:46:40(47)	4:21:23(45)	0:27:56(42)	1:13:17	2
46	3	137	Freese, Ada	Tri-Finisher Berlin	DW45	2	4:52:00	1:37:31(53)	2:46:29(46)	4:24:00(50)	0:28:00(44)	1:15:58	2
47	44	140	Gersch, Thorsten	VfV Spandau	DM50	3	4:52:31	1:38:58(57)	2:44:14(42)	4:23:12(48)	0:29:19(49)	1:16:29	2
48	45	153	Krüger, Denny	run4fun	DM45	13	4:52:46	1:29:51(38)	2:52:04(53)	4:21:55(46)	0:30:51(55)	1:16:44	2
49	46	207	Werner, Daniel	Dresden	DM40	12	4:53:00	1:34:47(47)	2:51:44(52)	4:26:31(52)	0:26:29(33)	1:16:58	2
50	4	175	Radatz, Christiane	A3K Berlin	DW35	1	4:54:26	1:36:25(50)	2:50:28(51)	4:26:53(53)	0:27:33(41)	1:18:24	2
51	47	197	Stähr, Christian		DM40	13	4:57:28	1:37:34(55)	2:47:34(48)	4:25:08(51)	0:32:20(56)	1:21:26	2
52	48	138	Fricke, Lars	power & pace / LEIDIG24	DM50	4	5:01:21	1:29:25(37)	2:54:21(54)	4:23:46(49)	0:37:35(58)	1:25:19	2
53	49	174	Popke, Jörg	DLRG Luckenwalde	DM65	1	5:02:33	1:50:01(64)	2:42:10(38)	4:32:11(54)	0:30:22(52)	1:26:31	2
54	5	172	Pfaffinger, Sabine	TuS Neukölln Berlin	DW50	1	5:03:09	1:40:47(58)	2:56:07(57)	4:36:54(57)	0:26:15(31)	1:27:07	2
55	6	150	Kottwitz, Denise	Sisu Berlin	DW45	3	5:04:24	1:43:42(63)	2:50:00(50)	4:33:42(56)	0:30:42(54)	1:28:22	2
56	50	143	Jablinski, Martin	Moritzburger TV	DM55	3	5:19:18	1:52:40(66)	2:56:57(58)	4:49:37(58)	0:29:41(50)	1:43:16	2
57	51	156	Kunz, Michael	Berlin	DM40	14	5:19:56	1:35:18(48)	3:16:25(60)	4:51:43(59)	0:28:13(46)	1:43:54	2
58	52	204	Vogel, Andreas	LSV Delfin	DM60	2	5:40:14	1:56:36(67)	3:06:30(59)	5:03:06(60)	0:37:08(57)	2:04:12	2
		124	Baither-Bernhardt, Tino	SV 1861 Kirchberg	DM40		0:00:00	1:32:35(43)	0:00:00	0:00:00	0:00:00	0:00:00	2
		125	Bening, Dirk	SV Turbine Neubrandenburg	DM60		0:00:00	1:40:49(59)	0:00:00	0:00:00	0:00:00	0:00:00	Aufg. 8
		128	Böhrenz, Lars	FLG Spremberg	DM50		0:00:00	1:29:58(40)	0:00:00	0:00:00	0:00:00	0:00:00	Aufg. 8
		149	Kerger, Benjamin	Berlin	DM35		0:00:00	1:38:57(56)	2:54:42(55)	4:33:39(55)	0:00:00	0:00:00	disq. 8
		164	Lisker, Mario		DM45		0:00:00	1:16:34(6)	0:00:00	0:00:00	0:00:00	0:00:00	Aufg. 8
		168	Müllers, Robert	Äberschbach-Gierschdorf-Kuppr	DM35		0:00:00	1:12:36(4)	0:00:00	0:00:00	0:00:00	0:00:00	Aufg. 8
		183	Saragosa, Olivia	Weltraumjogger Berlin	DW45		0:00:00	1:52:15(65)	0:00:00	0:00:00	0:00:00	0:00:00	2
		188	Schmidtchen, Andre	Multisport LOS	DM45		0:00:00	1:24:36(22)	1:25:20(1)	2:49:56(1)	0:00:00	0:00:00	Aufg. 8
		195	Sobczak, Thomas	Tri Team Königslutter	DM45		0:00:00	1:23:59(19)	0:00:00	0:00:00	0:00:00	0:00:00	Aufg. 8

Ergebnisliste vom: 06.05.2023 - Briesensee-Duathlon2023 - 6,5km - 11km - 5,5km

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Platz	Plm	Plw	StNr.	Name,Vorname	Verein	AK	AKm	AKw	Endzeit	1.Laufzeit	Radzeit	1.Lauf+Rad	2.Laufzeit	Rückst.	ZS	WB
1	1		266	Strümpel, Maximilian	ZahnKult am Weißen See	DM25	1		1:04:46	0:23:53(1)	0:19:44(1)	0:43:37(1)	0:21:09(1)	0:00:00		1
2	2		242	Lemberg, Martin	PAIN IS TEMPORARY	DM40	1		1:07:37	0:24:45(2)	0:21:14(2)	0:45:59(2)	0:21:38(2)	0:02:51		1
3	3		229	Dziedzic, Ingo	Berliner TSC	DM50	1		1:11:31	0:26:40(4)	0:21:14(2)	0:47:54(3)	0:23:37(3)	0:06:45		1
4	4		241	Lehrfeld, Michael	Bike 4 Passion	DM45	1		1:12:58	0:26:38(3)	0:22:22(4)	0:49:00(4)	0:23:58(4)	0:08:12		1
5	5		256	Schütte, Tino	Familie Schütte Dresden	DM45	2		1:16:57	0:28:09(5)	0:23:05(6)	0:51:14(5)	0:25:43(9)	0:12:11		1
6	6		233	Hiller, Marco	Lübbenau	DM45	3		1:17:16	0:28:52(6)	0:22:35(5)	0:51:27(6)	0:25:49(10)	0:12:30		1
7		1	267	Heber, Sarah	Globalactive Dresden	DW35		1	1:18:15	0:29:51(10)	0:23:24(7)	0:53:15(7)	0:25:00(6)	0:13:29		1
8		2	249	Pöhl, Vera	SCC BERLIN Triathlon	DW35		2	1:19:06	0:29:25(7)	0:24:59(17)	0:54:24(10)	0:24:42(5)	0:14:20		1
9	7		231	Gäbeler, Thilo	Lutherstadt Wittenberg	DM40	2		1:19:32	0:30:05(11)	0:23:31(9)	0:53:36(8)	0:25:56(11)	0:14:46		1
10	8		244	Marth, Olaf	Askana Schipkau	DM60	1		1:20:31	0:29:45(9)	0:25:15(18)	0:55:00(12)	0:25:31(8)	0:15:45		1
11	9		265	Strümpel, Ludwig	ZahnKult am Weißen See	DM60	2		1:21:10	0:30:35(13)	0:23:24(7)	0:53:59(9)	0:27:11(16)	0:16:24		1
12		3	240	Kuhlmeier, Andrea	Bernauer Lauffreunde	DW55		1	1:21:11	0:30:18(12)	0:24:21(12)	0:54:39(11)	0:26:32(14)	0:16:25		1
13	10		243	Malig, Ralf	Bowlingclub Senftenberg	DM60	3		1:21:51	0:29:29(8)	0:26:56(23)	0:56:25(15)	0:25:26(7)	0:17:05		1
14	11		247	Müschen, Matthias	Lübben	DM50	2		1:22:06	0:30:37(14)	0:24:30(14)	0:55:07(13)	0:26:59(15)	0:17:20		1
15	12		255	Schütte, Marco	Familie Schütte Dresden	DM45	4		1:23:09	0:31:27(15)	0:24:21(12)	0:55:48(14)	0:27:21(17)	0:18:23		1
16		4	250	Radens, Sophie-There	Potsdam	DW25		1	1:24:16	0:33:45(21)	0:24:04(10)	0:57:49(16)	0:26:27(13)	0:19:30		1
17	13		235	Jacobasch, Pierre		DM35	1		1:26:35	0:31:37(17)	0:28:39(26)	1:00:16(21)	0:26:19(12)	0:21:49		1
18		5	228	Düring, Doreen	Fit for Run	DW40		1	1:27:01	0:31:33(16)	0:27:01(24)	0:58:34(18)	0:28:27(20)	0:22:15		1
19	14		261	v.Dammann, Wolfram	Harzer Luchser	DM55	1		1:28:02	0:33:43(20)	0:26:40(20)	1:00:23(22)	0:27:39(18)	0:23:16		1
20	15		238	Krätschell, Robert	Berlin	DM45	5		1:28:58	0:35:40(26)	0:24:48(15)	1:00:28(23)	0:28:30(21)	0:24:12		1
21	16		248	Nowak, Björn		DM50	3		1:29:31	0:31:48(18)	0:26:43(22)	0:58:31(17)	0:31:00(26)	0:24:45		1
22	17		246	Menz, Jannik	run4fun	mJun	1		1:30:19	0:34:56(25)	0:24:09(11)	0:59:05(19)	0:31:14(27)	0:25:33		1
23		6	239	Krüger, Gerlind	run4fun	DW35		3	1:30:25	0:34:49(23)	0:26:41(21)	1:01:30(24)	0:28:55(22)	0:25:39		1
24	18		225	Bretschneider, Volker		DM60	4		1:30:31	0:34:50(24)	0:24:52(16)	0:59:42(20)	0:30:49(24)	0:25:45		1
25	19		230	Frank, Rene		DM50	4		1:30:32	0:31:55(19)	0:30:33(33)	1:02:28(25)	0:28:04(19)	0:25:46		1
26	20		232	Graf, Frank	LTC Berlin	DM60	5		1:33:49	0:37:11(30)	0:25:49(19)	1:03:00(26)	0:30:49(25)	0:29:03		1
27		7	234	Hübener, Sylke	Ludwigsfelde	DW55		2	1:36:16	0:33:55(22)	0:31:53(36)	1:05:48(29)	0:30:28(23)	0:31:30		1
28		8	237	Krätschell, Anna-Maria	Kiel	DW45		1	1:37:26	0:35:42(27)	0:30:26(31)	1:06:08(30)	0:31:18(28)	0:32:40		1
29	21		264	Dietz, Alexander	Berlin	DM40	3		1:37:50	0:36:58(29)	0:28:49(28)	1:05:47(28)	0:32:03(29)	0:33:04		1
30		9	245	Meinke, Carmen	Familie Meinke	DW60		1	1:38:39	0:36:45(28)	0:28:48(27)	1:05:33(27)	0:33:06(31)	0:33:53		1
31		10	259	Seiler, Antje	TSG Seelow	DW50		1	1:38:51	0:37:15(31)	0:29:09(29)	1:06:24(32)	0:32:27(30)	0:34:05		1
32	22		262	Wannowitz, Helke	Triathlonverein Fürstenwalde 1990	DM75	1		1:40:24	0:39:12(33)	0:27:10(25)	1:06:22(31)	0:34:02(33)	0:35:38		1
33		11	222	Bernhardt, Nicole	Dorf- & Heimatverein Cunersdorf	DW40		2	1:41:23	0:37:30(32)	0:30:17(30)	1:07:47(33)	0:33:36(32)	0:36:37		1
34	23		268	Horn, Matthias		DM50	5		1:49:19	0:41:44(34)	0:30:38(34)	1:12:22(34)	0:36:57(34)	0:44:33		1
35	24		254	Schütte, Manfred	Familie Schütte Dresden	DM75	2		1:58:04	0:48:02(36)	0:31:07(35)	1:19:09(36)	0:38:55(35)	0:53:18		1