

7. Schlosstriathlon Kossenblatt 2023

Ergebnisse: Kurzdistanz

Platz	Platz m	Platz w	Stnr	Name	Verein	AK	Platz AK	Endzeit	Schwimmzeit	Rad	SchwRad	Lauf	LRunde1	LRunde2	LRunde3	LRunde4	Rückst	ZS
1	1		31	Enrico Heinowsky	Sisu Berlin	mAK40	1	2:03:32	19:59(2)	1:03:46(1)	1:23:45(1)	0:39:47(3)	09:58(2)	09:42(3)	09:57(4)	10:10(5)		
2	2		38	Sebastian Schulze	MSV Tripoint FFO	mAK35	1	2:09:45	20:33(4)	1:11:58(6)	1:32:31(5)	0:37:14(1)	09:57(1)	09:11(1)	09:02(1)	09:04(1)	0:06:13	
3	3		49	Jens Reinwald	TV Fürstenwalde 1990 e.V.	mAK50	1	2:15:00	22:48(8)	1:06:50(2)	1:29:38(3)	0:45:22(12)	11:37(11)	11:18(13)	11:27(12)	11:00(11)	0:11:28	
4	4		50	André Schmidtchen	MULTISPORT-LOS e.V.	mAK45	1	2:15:36	21:50(6)	1:11:53(5)	1:33:43(6)	0:41:53(6)	11:15(8)	10:29(8)	10:16(5)	09:53(4)	0:12:04	
5	5		36	Louis Rogge	Ahrensfelde	mJun	1	2:17:38	16:20(1)	1:12:42(7)	1:29:02(2)	0:48:36(13)	11:00(6)	10:33(10)	13:09(16)	13:54(19)	0:14:06	
6	6		44	Andreas Hell	MSV Tripoint FfO	mAK50	2	2:18:43	24:34(13)	1:11:09(3)	1:35:43(7)	0:43:00(10)	11:53(12)	10:29(8)	10:25(7)	10:13(7)	0:15:11	
7	7		40	Marco Ziechmann	MULTISPORT-LOS e.V.	mAK45	2	2:21:18	22:57(9)	1:15:33(9)	1:38:30(8)	0:40:48(4)	11:14(7)	09:56(4)	09:52(3)	09:46(3)	0:17:46	2:00
8	8		34	Karsten Krellmann	Fit for Run	mAK40	2	2:23:07	23:50(12)	1:16:36(10)	1:40:26(9)	0:42:41(9)	11:19(9)	10:33(10)	10:31(8)	10:18(8)	0:19:35	
9	9		30	Andreas Friese	Zeppelin Team - OSC Potsdam	mAK55	1	2:24:36	20:09(3)	1:11:34(4)	1:31:43(4)	0:52:53(16)	13:14(15)	12:19(14)	13:58(20)	13:22(16)	0:21:04	
10	10		43	Dirk Markus Haby	TV Fürstenwalde 1990 e.V.	mAK50	3	2:26:45	26:44(15)	1:15:03(8)	1:41:47(10)	0:44:58(11)	11:58(13)	10:48(12)	11:06(11)	11:06(12)	0:23:13	
11	11		42	Olaf Gärtner	MSV TRIPOINT Ffo	mAK50	4	2:29:53	20:59(5)	1:27:02(17)	1:48:01(12)	0:41:52(5)	10:50(5)	10:24(7)	10:16(5)	10:22(9)	0:26:21	
12	12		51	Thomas Vanselow	Luckauer Läuferbund	mAK45	3	2:31:50	27:01(16)	1:22:36(14)	1:49:37(14)	0:42:13(7)	11:19(9)	10:13(5)	10:31(8)	10:10(5)	0:28:18	
13		1	35	Juliane Kummerlöwe	OLV Potsdam	wAK40	1	2:33:43	23:15(10)	1:19:44(11)	1:42:59(11)	0:50:44(14)	12:32(14)	12:47(15)	12:51(13)	12:34(13)	0:30:11	
14	13		63	Dr. Ronny Kollock	Die KamiKatzen	mAK45	4	2:39:31	27:03(17)	1:29:52(20)	1:56:55(20)	0:42:36(8)	10:36(4)	10:20(6)	10:42(10)	10:58(10)	0:35:59	
15	14		37	Heiko Rühmer	SV Berlin-Chemie Adlershof	mAK50	5	2:45:03	27:50(20)	1:23:18(15)	1:51:08(17)	0:53:55(18)	13:51(16)	12:58(18)	13:25(17)	13:41(18)	0:41:31	
16	15		39	Leonardo Toledo	TV Fürstenwalde 1990 e.V.	mAK40	3	2:45:25	28:06(22)	1:21:16(12)	1:49:22(13)	0:56:03(19)	14:15(19)	13:11(19)	14:34(21)	14:03(20)	0:41:53	
17	16		48	Jens Noack	Triathlon Spreewald e.V.	mAK55	2	2:46:06	23:35(11)	1:29:36(19)	1:53:11(18)	0:52:55(17)	14:13(18)	12:50(16)	13:07(15)	12:45(15)	0:42:34	
18	17		47	Ulf Kulling	TV Fürstenwalde 1990 e.V.	mAK55	3	2:46:43	28:03(21)	1:22:15(13)	1:50:18(15)	0:56:25(20)	14:40(20)	13:48(21)	13:50(19)	14:07(21)	0:43:11	
19	18		32	Georg Held	Berlin	mAK45	5	2:48:15	25:49(14)	1:25:14(16)	1:51:03(16)	0:57:12(21)	16:31(22)	13:38(20)	13:38(18)	13:25(17)	0:44:43	
20	19		29	Tobias Bohnhardt	SV Berlin-Chemie Adlershof	mAK35	2	2:48:28	22:29(7)	1:46:24(22)	2:08:53(22)	0:39:35(2)	10:33(3)	09:38(2)	09:46(2)	09:38(2)	0:44:56	
21	20		41	Thomas Ziska	SV Berlin-Chemie Adlershof	mAK60	1	2:48:31	27:40(19)	1:28:07(18)	1:55:47(19)	0:52:44(15)	14:10(17)	12:53(17)	13:00(14)	12:41(14)	0:44:59	
22	21		33	Jochen Krautwald	DLRG Berlin	mAK50	6	3:03:40	27:12(18)	1:35:47(21)	2:02:59(21)	1:00:41(22)	15:22(21)	15:09(22)	15:23(22)	14:47(22)	1:00:08	

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Ergebnisse: Sprintdistanz

Platz	Platz m	Platz w	Stnr	Name	Verein	AK	Platz AK	Endzeit	Schwimmzeit	Rad	SchwRad	Lauf	LRunde1	LRunde2	Rückst	ZS
1	1		68	Lawrence Ribak	TV Fürstenwalde 1990 e. V.	mJun	1	1:09:45	11:20(1)	37:35(3)	0:48:55(1)	20:50(3)	10:37(3)	10:13(3)		
2	2		52	Sebastian Angelmi	SV Stahl Hennigsdorf	mAK40	1	1:14:21	15:25(3)	39:13(7)	0:54:38(4)	19:43(1)	10:16(1)	09:27(1)	04:36	
3	3		56	Ben Eisold	Aqua Berlin	mJugA	1	1:14:42	12:58(2)	39:53(8)	0:52:51(2)	21:51(5)	11:18(5)	10:33(5)	04:57	
4	4		59	Stefan Gottschall	ASV Zeuthen	mAK50	1	1:16:48	17:24(7)	37:00(1)	0:54:24(3)	22:24(6)	11:45(7)	10:39(6)	07:03	
5	5		70	Maik Wagner-Reetz	HSV Dresden	mAK40	2	1:16:59	17:09(6)	39:05(6)	0:56:14(5)	20:45(2)	10:34(2)	10:11(2)	07:14	
6	6		57	Mario Feldner	FSV Gr. Leuthen/Gröditsch	mAK55	1	1:17:55	19:34(19)	37:07(2)	0:56:41(7)	21:14(4)	10:51(4)	10:23(4)	08:10	
7	7		58	Lars Göldner	Bernauer Lauffreunde	mAK45	1	1:21:02	16:10(4)	40:26(10)	0:56:36(6)	24:26(11)	12:06(8)	12:20(17)	11:17	
8		1	80	Claudia Domaschke	ASV Zeuthen	wAK40	1	1:21:26	19:01(16)	38:04(4)	0:57:05(8)	24:21(9)	12:38(12)	11:43(10)	11:41	
9	8		53	Stefan Brückner	Berlin	mAK45	2	1:22:37	19:55(22)	38:52(5)	0:58:47(9)	23:50(8)	12:55(13)	10:55(7)	12:52	
10	9		72	Frank Witter	Eisenhüttenstadt	mAK50	2	1:23:22	18:42(14)	42:10(12)	1:00:52(12)	22:30(7)	11:22(6)	11:08(8)	13:37	
11	10		77	Mike Golenia	Radteam Tharandter Wald	mAK55	2	1:24:25	19:09(17)	40:17(9)	0:59:26(11)	24:59(16)	13:01(14)	11:58(12)	14:40	
12	11		71	Helke Wannewitz	TV Fürstenwalde 1990 e. V.	mAK75	1	1:28:15	17:29(9)	41:54(11)	0:59:23(10)	28:52(19)	14:59(19)	13:53(18)	18:30	
13	12		64	Robert Langanke	Radeberg	mAK35	1	1:29:59	17:43(10)	46:52(14)	1:04:35(13)	24:24(10)	12:09(9)	12:15(16)	20:14	1:00
14		2	78	Doreen Düring	FIT FOR RUN	wAK40	2	1:31:05	19:20(18)	47:18(15)	1:06:38(17)	24:27(12)	13:01(14)	11:26(9)	21:20	
15	13		65	Bruno Liebick	ASV Zeuthen	mJugA	2	1:32:21	18:39(13)	48:45(17)	1:07:24(18)	24:57(15)	13:09(16)	11:48(11)	22:36	
16	14		79	Frank Schirmer	Triathlon Spreewald	mAK60	1	1:33:29	16:42(5)	47:53(16)	1:04:35(13)	28:54(20)	14:59(19)	13:55(19)	23:44	
17	15		60	Stefan Härtel	MSV Tripoint Frankfurt (Oder)	mAK55	3	1:33:51	19:43(20)	49:39(21)	1:09:22(21)	24:29(14)	12:27(10)	12:02(14)	24:06	
18	16		61	Till Härtel	Volkssport	mAK25	1	1:33:55	19:49(21)	49:38(20)	1:09:27(22)	24:28(13)	12:27(10)	12:01(13)	24:10	
19		3	62	Anne Hesse	MSV Tripoint	wAK35	1	1:34:12	17:26(8)	50:14(22)	1:07:40(20)	26:32(17)	14:23(18)	12:09(15)	24:27	
20	17		66	Michael Lubisch	TLV Rangsdorf	mAK60	2	1:35:36	18:31(12)	49:03(19)	1:07:34(19)	28:02(18)	13:47(17)	14:15(20)	25:51	
21	18		55	Manfred Dr. Reetz	Cottbus	mAK65	1	1:36:10	18:57(15)	45:48(13)	1:04:45(15)	30:25(21)	15:34(21)	14:51(21)	26:25	1:00
22		4	67	Stella Noack	Triathlon Spreewald e.V.	wAK20	1	1:38:36	17:46(11)	48:50(18)	1:06:36(16)	31:00(22)	15:56(22)	15:04(22)	28:51	1:00

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Ergebnisse: Sprintdistanz Staffel

Platz	Stnr	Team	Starter1	Starter2	Starter3	Endzeit	Schwimmzeit	Rad	SchwRad	LRunde1	LRunde2	Lauf	Rückstand	ZS
1	74	Weltraumjogger	Daniela Neetzel	Daniela Neetzel	Lennart Edlich	1:18:06	13:40(1)	44:41(2)	0:58:21(1)	09:45(2)	10:00(2)	19:45(2)		1:00
2	76	Triwizard	Steffen Thomsen	Lisa Neufeld	Isaac Sserwanga	1:20:59	16:38(2)	46:15(3)	1:02:53(3)	09:26(1)	08:40(1)	18:06(1)	1:53	
3	75	LAW	Lore Böhme	Alexander Orlandea	Wolfgang Gartz	1:25:53	18:08(3)	42:23(1)	1:00:31(2)	12:15(3)	13:07(3)	25:22(3)	6:47	

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Ergebnisse: Volkstriathlon

Platz	Platz m	Platz w	Stnr	Name	Verein	AK	Platz AK	Endzeit	Schwimm	Rad	SchwRad	Lauf	Rückstand
1	1		14	Paul Brandt	Neptun 08 Finsterwalde	mSchB	1	25:16	05:43(2)	14:09(2)	19:52(1)	5:24(1)	
2	2		19	Albert Junghanns	DLRG Oder-Spree	mSchA	1	25:51	06:16(3)	13:37(1)	19:53(2)	5:58(3)	00:35
3		1	24	Frida Zachlod	TSV Cottbus Abt. Triathlon	wJugB	1	26:27	05:15(1)	15:15(4)	20:30(3)	5:57(2)	01:11
4	3		21	Matteo Mahlow	Zeppelin Team OSC POTSDAM	mSchA	2	29:07	06:34(4)	16:20(6)	22:54(4)	6:13(4)	03:51
5	4		17	Oscar Heigh	Das Spitze Ende	mSchA	3	29:49	08:21(11)	14:56(3)	23:17(6)	6:32(6)	04:33
6	5		16	Ian Heigh	Das Spitze Ende	mSchB	2	30:36	07:50(8)	16:32(7)	24:22(8)	6:14(5)	05:20
7	6		13	Ronald Birkicht	Rundendreher e.V.	mAK45	1	31:31	07:32(7)	15:36(5)	23:08(5)	8:23(11)	06:15
8		2	25	Felicitas Ziechmann	MULTISPORT-LOS e.V.	wSchB	1	33:43	06:56(5)	17:48(11)	24:44(9)	8:59(14)	08:27
8		2	26	Charlotte Ziechmann	MULTISPORT-LOS e.V.	wSchB	1	33:43	09:26(14)	17:08(9)	26:34(12)	7:09(8)	08:27
10		4	18	Christina Heigh	Das Spitze Ende	wAK45	1	34:00	08:46(13)	18:22(14)	27:08(13)	6:52(7)	08:44
11		5	12	Nadja Antonczik	Rundendreher e.V.	wAK45	2	34:42	08:08(9)	18:11(13)	26:19(11)	8:23(11)	09:26
11	7		11	Boris Antonczik	Rundendreher e.V.	mAK45	2	34:42	08:11(10)	18:07(12)	26:18(10)	8:24(13)	09:26
13		6	15	Clara Genschow	Das Spitze Ende	wJun	1	36:06	08:45(12)	19:17(15)	28:02(15)	8:04(10)	10:50
14	8		23	Klaus Wagner	Fürstenwalde	mAK70	1	37:18	10:36(15)	17:24(10)	28:00(14)	9:18(15)	12:02
15	9		20	Lothar Lehmann	Blau-Weiß-90-Berlin	mAK70	2	39:15	11:12(16)	20:00(16)	31:12(16)	8:03(9)	13:59
DNF			22	Simon Schöne	Bernauer Lauffreunde	mSchA			07:30(6)	16:41(8)	24:11(7)		

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Ergebnisse: Volkstriathlon Staffel

Platz	Stnr	Team	Starter1	Starter2	Starter3	Endzeit	Schwimmzeit	Rad	SchwRad	LRunde1	LRunde2	Lauf
1	27	3 Generationen Staffel	Wolfgang Grzecha	Richard Angelmi	Sebastian Angelmi	38:01	6:39(1)	27:13(1)	33:52(1)	2:15(1)	1:54(1)	4:09(1)